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EDUCATION:

- 1977 PhD in History
University of Washington
Seattle, Washington
- 1968 MA in Chinese
University of Washington
Seattle, Washington
- 1964 BA with honors, History
UCLA
Los Angeles, California

CERTIFICATION:

- 1996 Certificate in C Programming
University of Washington
Seattle Washington

RESEARCH SPECIALIZATION:

Fields for Doctorate: Ancient and Modern Chinese History; the Early Middle Ages; Ancient Greece. Historian of Chinese medicine and Central Eurasia with special reference to the era of Mongolian Empire and its aftermath. Strong secondary interests in comparative medical history, the history of food and foodways, Bubonic plague pandemics, Chinese religious, cultural, and institutional history, Medieval Scandinavia and the Age of Exploration particularly the Indian Ocean in Mongol times. Sinologist, Mongolist, Turkologist.

ACADEMIC EXPERIENCE:

- 2016- Part-time Faculty
Department of History, Anthropology and Philosophy
University of North Georgia
- Teaches online courses in the History of Chinese Medicine, Early Chinese History, the History of the Silk Roads, and History of Nomads
- 2001-2016 Lecturer
Department of Independent Learning
Western Washington University, Bellingham, Washington
- Taught correspondence courses in East Asian and Liberal Studies
- 2014-2016 Wissenschaftlicher Mitarbeiter,
Horst-Görtz-Stiftungs-Institute
Charité Medical University, Berlin, Germany
- Collaborator in project to prepare four terminology dictionaries for the Chinese medical classic, *Bencao gangmu*

- 2013-2016 Visiting Scholar, then Affiliate
Max-Planck Insitute, Berlin, Germany
- Participant in a project to study planning, and then animals as energy in China.
Collaborative study of the history of distillation.
- 2008-2013 Wissenschaftlicher Mitarbeiter,
Horst-Görtz-Stiftungs-Institute
Charité Medical University, Berlin, Germany
- Collaborator in project to prepare four terminology dictionaries for the Chinese medical classic, *Bencao gangmu*
- 1983-2001 Instructor
Department of Independent Learning
Western Washington University, Bellingham, Washington
- Taught correspondence and short-term courses in East Asian studies and Library Science for teachers and the general public.
- 1990-1991 Visiting Assistant Professor
Department of History, Western Washington University, Bellingham, Washington
- Taught introductory course in East Asian History, East Asian literature in translation, Mongolian, and Japanese history series: ancient; medieval; and modern.
- 1979-1989 Lecturer in Humanities
Department of Liberal Studies, Western Washington University, Bellingham, Washington
- Taught introductory courses in East Asian history, humanities, religion and mythology, traditional Chinese medicine, Classical Chinese, Mongolian, folklore, and Western Civilization.
- 1977-1978 Research Associate
Department of Uralic and Altaic Studies, Indiana University, Bloomington, Indiana
- Collaborated in Mongolian-English Dictionary and Folklore projects.

BUSINESS EXPERIENCE:

- 1981-2017 Owner/Manager, Alpha-Omega Research and Translation.
- Contractor to U.S. Government agencies, educational institutions, private industry, and individuals. Writing, Editing, Research, Translation, Indexing, Consulting, Course Design.
- 1981-1994 Consultant
Foreign Broadcast Information Service
Washington, D.C.
- Principal government consultant for the Kazakh Socialist Republic, Soviet Union, now Republic of Kazakhstan. Official commendation for "high quality of work" and "valuable contribution."

- 1968-1994 Translator
 U.S. Joint Publications Research Service
 Washington, D.C.
- Translator of Kazakh, Modern Mongolian, Russian, Uzbek, Modern Icelandic.
 More than 1,500 published translations and abstracts.
- 1968-1970 Intelligence Research Specialist, GS-9
 U.S. Bureau of the Census
 Washington D.C.
- Researched and wrote National Intelligence Survey volume on the Mongolian
 People's Republic with innovative photo essay. Also analyzed the demography
 and social history of South Korea.

PUBLICATIONS

Editorships

- Co-Editor, *Crossroads, Studies on the History of Exchange Relations in the East Asian World* (2015-present)
- Author/Contributor, *Jane's Foreign Report, Jane's Sentinel China and Northeast Asia and Jane's Sentinel Russia and the CIS* (2001-2005)
- Associate Editor, *World Military Encyclopedia*, edited By S. L. Sandler, ABC-CLIO (2000-02)
- Editor of *Crossroads*, Center for East Asian Studies, Western Washington University (1990-93)
- Chief Editor of *Alatau*, newsletter of the Alatau Kazakh Research Society (1991-92)
- Chief Editor of *Annals of the Chinese Historical Society of the Pacific Northwest* (1985-86)
- Editorial Board, *Annals of the Chinese Historical Society of the Pacific Northwest* (1982-85)

Books

- Arabic Medicine in China: Tradition, Innovation and Change*, with Eugene N. Anderson, Leiden and Boston: E. J. Brill, forthcoming
- Crossroads of Cuisine: The Eurasian Heartland, the Silk Roads and Food*, with Eugene N. Anderson, Montserrat de Pablo, and Moldir Oskenbey, Leiden and Boston: E. J. Brill, 2020.
- Historical Dictionary of the Mongol World Empire and its Successor States*, second revised and expanded edition, with Francesca Fiaschetti, Lanham, Md., and Oxford: The Scarecrow Press, Inc. (Historical Dictionaries of Ancient Civilizations and Historical Eras, No. 8), 2018
- Dictionary of Ben Cao Gang Mu*, Volume III, *Persons and Literary Sources*, with Zheng Jinsheng, Nalini Kirk, and Paul U. Unschuld, Oakland, CA: University of California Press, 2018
- Dictionary of the Ben Cao Gang Mu*, Volume II: *Geographical and Administrative Designations*, with Hua Linfu and Paul U. Unschuld, Oakland, CA: University of California Press, 2016
- A Soup for the Qan: Chinese Dietary Medicine of the Mongol Era as Seen in Hu Sihui's Yinshan Zhengyao*, introduction, translation, text, notes, with Eugene N. Anderson, appendix by Charles Perry, second revised and expanded edition, Leiden and Boston: E. J. Brill (Sir Henry Wellcome Asian Series 9), 2010.
- The A to Z of the Mongol World Empire*, Lanham, Md., and Oxford: The Scarecrow Press, Inc. (The A-Z Guide Series, No 155), 2010 (new paperback edition of next)
- Historical Dictionary of the Mongolian World Empire*, Lanham, Md., and Oxford: The Scarecrow Press, Inc. (Historical Dictionaries of Ancient Civilizations and Historical Eras, No. 8), 2003
- A Soup for the Qan: Chinese Dietary Medicine of the Mongol Era as Seen in Hu Szu-hui's Yin-shan Cheng-yao*, introduction, translation, text, notes, with Eugene N. Anderson, appendix by Charles Perry, Kegan Paul International (Sir Henry Wellcome Asian Series), London, 2000.
- Mongolian Folklore: a Representative Collection from the Oral Literary Tradition*, with John Gombojab Hangin, general editor, John R. Krueger, Robert G. Service and William V. Rozycki, Bloomington, Indiana: The Mongolia Society, Inc. (Publications of the Mongolia Society, Occasional Papers, Number 21), 1998

A Modern Mongolian-English Dictionary, with Gombojab Hangin, general editor, John R. Krueger, William V. Rozycki and Robert G. Service, Bloomington, Indiana, 1986
 "Tribe, Qan and Ulus in Early Mongol China: Some Prolegomena to Yüan History," doctoral dissertation, University of Washington, 1977
Social Characteristics of the Mongolian People's Republic, National Intelligence Survey, Washington, D.C., 1970

Articles

- "Maritime Silk Route: The Mongols and the Indian Ocean," in Timothy May and Michael Hope, eds., *the Mongol World*, Abingdon-on-Thames: Routledge, forthcoming
- "Arabic Medicine in China, and in the Mongol World," in Timothy May and Michael Hope, eds., *the Mongol World*, Abingdon-on-Thames: Routledge, forthcoming
- "Food and Dietary Medicine in Chinese Herbal Literature and Beyond," In Michael Stanley-Baker and Vivienne Lo, eds., *Routledge Handbook of Chinese Medicine*, forthcoming (solicited)
- "Qubilai's Maritime Mongols, Beginning of a New Age," with Francesca Fiaschetti, in: David Ludden, ed., *Oxford Research Encyclopedia of Asian History*, New York: Oxford University Press, Article published 7/1/2020. doi: <https://doi.org/10.1093/acrefore/9780190277727.013.472>.
- "Eurasia, Medicine and Trade: Arabic Medicine in East Asia, How it Came there, and How it was Supported, including Possible Indian Ocean Connections for the Supply of Medicinals," in Angela Schottenhammer, ed., *Early Global Interconnectivity across the Indian Ocean World, Volume II, Exchanges of Ideas, Religions, and Technologies*, Cham, Switzerland, PalgraveMacmillan, 2019, 261-293 .
- "Mongolia, Toufu, Tea," in Karen Christensen, ed., *Asian Cuisines. Food Culture from East Asia to Turkey and Afghanistan*, Great Barrington, MA: Berkshire Publishing Group, 2018, 16-20, 124-127, (with Paul Varley) 128-135.
- "Chinese Horse Medicine: Texts and Illustrations," with Timothy May and Dave Ramey, in Vivienne Lo and Penelope Barrett, eds., *Imagining Chinese Medicine*, Leiden and Boston: Brill, 2018, 315-326
- "Korea as Part of the Mongolian World: Patterns and Differences," *International Journal of Eurasian Research*, 5, 10 (January, 2017), 137-146.
- "Est vs Ovest in Termini Mongoli: I Qan, le Loro Corti e il Mondo Esterno." with Francesca Fiaschetti, in: Davor Antonucci, ed., *Ad Tartaros. La Mongolia tra Cina ed Occidente, Sulla Via del Catai*, vol. 14 (2016), p. 41-63.
- "Distilling of the Volga Kalmucks and Mongols: Two Accounts from the 18th Century by Peter Pallas with some Modern Comparisons," with Montserrat de Pablo, *Crossroads*, 13, 3 (2016), 116-123
- "*Alginchi*," "Dual Government," "Fall of Jin," "Medicine," "Muqali," "Tribe," "Chinggis Exchange," "Java, Invasion of," "Jin Empire," "Koryo," "Ma'ymūd Yalavach," "Oirat," "Onggirad," "Onggud," "Pasta," "Sübedei," "*Tanma*," "*Tanmaci*," "Trebizond," "Yelü Chusai," "*Yinshan zhengyao*," and "Yuan Empire" in Timothy May, ed., *The Mongol Empire: A historical Encyclopedia*, 2 volumes, Santa Barbara: ABC-CLIO, 2016, II, 64-66, I, 6-8, II, 25-27, II, 140-142, I 90-91, I, 103-06, II, 11-13, II, 91-93, II, 25-27, II, 187-188, I, 83-85, I, 231-233, I, 233-235, I, I, 235-237, II, 146-148, II, 107-110, II, 112-113, I, 97-99, II, 200-202, I, 113-115, II, 155-157, I, 115-117 (solicited)
- "The Ethos of Sate and Society in the Early Mongol Empire: Chingiz Khan to Güyük," with Judy Kolbas, in Timothy May, ed., *The Mongols and Post-Mongol Asia: Studies in Honour of David O. Morgan*, *Journal of the Royal Asiatic Society*, 26, 1-2 (January, 2016), 43-64 (solicited)
- "Turkic Peoples and Medieval Eurasian Foodways," Qazaq khandyghynyng qurylynyng 550 zhilydyghina oray uyymdastyrylghan 'Qazaq Khandyghy: Tarikh, Teoria zhane Bugini Kun' atty khalyqaralyq gylmyi-teoriyalyq konferentsia Materialdary (Materials of the International Scientific-Theoretical Conference entitled "the Kazakh Khanate: History, Theory and Today," organized on the 550th anniversary of the establishment of the Kazakh Qanate), Almaty: 'Qazaq University', 2015, 19-22
- "Early Mongolian Geographical Connections," *Journal of Asian History* (Special Issue "Chinese and Asian Geographical and Cartographical Views on Central Asia and its Adjacent Regions"), 49 (2015), 1/2, 19-29.
- "The Early Indian Ocean Trade in Medicinals: Some Indications from Chinese Sources," in Angela Schottenhammer, ed., *Tribute, Trade and Smuggling*, Wiesbaden: Otto Harrasowitz, 2014: 133-140

- With Ana G. Valenzuela-Zapata, María de la Paz Solano-Pérez, and Park Hyunhee, "Huichol Stills: "A Century of Anthropology—Technology Transfer and Innovation, in *Crossroads* (<http://www.eacr.net/ojs/index.php/crossroads>), 8, (2013), 157-191.
- "Arabic Medicine in China" Hinrichs, T.J., and Linda L Barnes, eds., *Chinese Medicine and Healing: An Illustrated History*, Cambridge: Belknap Press of Harvard University Press, 2013, 132-34.
- "Qubilai and the Rats," *Sudhoffs Archiv*, Band 96 (2012), 2 (Dec), 127-144.
- "Qubilai and the Indian Ocean: A New Era?" in Salvatore Babones, and Christopher Chase-Dunn eds., *Handbook of World-Systems Analysis*, London and New York: Routledge, 2012, 42-3
- "Tibetans, Mongols and Cultural Fusion," in Anna Akasoy, Charles Burnett und Ronit Yoeli-Tlalim, eds., *Islam and Tibet, Interactions along the Musk Route*, Aldershot, Hants: Ashgate, 2011, 189-208
- "Greek and Chinese Horse Medicine: déjà vu All Over Again," with Timothy May and Dave Ramey, *Sudhoffs Archiv*, 94 (2010), 1 (June), 31-56
- "Some Royal Mongol Ladies: Alaqa-beki, *Ergene-Qatun and Others," *World History Connected*, 2010, digital at <http://worldhistoryconnected.press.illinois.edu/7.1/buell.html>
- "Transportation: Agriculture, Food Commodities," "Transportation: Agriculture, Fruits and Vegetables," "Fish and Shell Fish Farming," "Pharmaceuticals from the Sea," in John Zumerchik, editor, *Encyclopedia of the Seas and Waterways of the World*, ABC-CLIO, 2010, 273-78, 278-284, 311-318, 407-411.
- "Ginseng," "Jurchen Jin Dynasty," "Khubilai khan," "Lifan yuan," "Marco Polo," "Tea and its Culture," "Toufu," "Xixia," *Berkshire Encyclopedia of China, Modern and Historic Views of the World's Newest and Oldest Global Power*, five volumes, Great Barrington, MA: Berkshire Publishing Group, 2009, 899-900, 1230-1232, 1241-1242, 1328-1329, 1783-1784, 2206-2211, 2293, 2523-2525, (solicited)
- "Indochina, Vietnamese Nationalism, and the Mongols," in Volker Rybatzki, Alessandra Pozzi, Peter W. Geier and John R. Krueger, editors, *The Early Mongols: Language, Culture and History Studies in Honour of Igor de Rachewiltz On the Occasion of His 80th Birthday*, Bloomington: Indiana University Press (Indiana University Uralic and Altaic Series 173), 2009, 21-29
- "Dzhungar Khanate" in George N. Rhyne, editor, *The Supplement to the Modern Encyclopedia of Russian, Soviet, and Eurasian History*, Gulf Breeze, Fla.: Academic International Press, 9, 2008, 1-4 (solicited)
- "A Golden Age: From Sui to the Yuan, Introduction," "The Threat from the Khitan," "Wang Anshi and the New Laws," "Industry and Innovation," "Feature: Art of the Song" (with Ngan Le), "The Jurchen Invasion," "The Jin Dynasty," "The Southern Song," "The Age of Zhu Xi," "the Mongol Invasion," "The Conquest of Southern Song," "The Court of Khubilai Khan," "Religion and Culture," "The Liberalization of Trade," "Contact with the West," "Marco Polo," "The Expulsion of the Mongols," in John Makeham, editor, *China: The World's Oldest Living Civilization Revealed*, New York and London: Thames and Hudson, 188-89, 232-51, 256-75, 2008 (solicited)
- "Alexander Nevsky," "Greenland," "Subodai," in Geoff Golson, ed., *Encyclopedia of World History*, New York: Facts on File, 2008, I, 271-72, 150-51, 373-74
- "*The Secret History of the Mongols*," *Calliope*, 18, 7 (March, 2008), 7-9 (solicited)
- "Food—Mongolian style," *Calliope*, 18, 7 (March, 2008), 41-2, (solicited)
- "A Cautionary Tale: Cinggis-qan as The Third Man," *Mongolian Studies*, 29 (2007), Krueger *Festschrift*, 57-68 (solicited)
- "How did Persian and other western Medical Knowledge Move East, and Chinese west? A Look at the Role of Rashīd al-Dīn and others," *Asian Medicine, Tradition and Modernity*, 3 (2007), 278-94, (refereed)
- "How Genghis Khan Changed the World," digital at <http://www.mongoliansculture.com/>
- "Medical Globalization in the Mongol Era," in Ts. Ishdorj, ed., *Mongol Sudlalyn Ogulluud, Essays on Mongol Studies*, Ulaanbaatar: "Bembi San" Khevreliyn Gazar (Mongolian Academy of Sciences, International Congress of Mongolists), 2007, 138-147 (solicited)
- "Food, Medicine and the Silk Road: The Mongol-era Exchanges," *Silk Road*, V, II (winter 2007), 22-35 (solicited)

- "Dest al-Kipjaq," and "Dingling," *Diwan Lughat at-Turk*, in George N. Rhyne, editor, *The Supplement to the Modern Encyclopedia of Russian, Soviet, and Eurasian History*, Gulf Breeze, Fla.: Academic International Press, 8, 2007, 18-21, 44-45, 68-69 (solicited)
- "Steppe Foodways and History," *Asian Medicine, Tradition and Modernity*, 2.2 (2006), 171-203 (refereed)
- "Globalization in Mongolia: Blessing or Curse," with Ngan Le, in H. G. Schwarz, ed., *Mongolian Culture and Society in the Age of Globalization*, Bellingham: Center for East Asian Studies (Studies on East Asia, 26), 2006, 27-66 .
- "Crimea," in George N. Rhyne, editor, *The Supplement to the Modern Encyclopedia of Russian, Soviet, and Eurasian History*, Gulf Breeze, Fla.: Academic International Press, 7, 2006, 129-133 (solicited)
- "Veterinary Acupuncture and Historical Scholarship Part III: Politics, Popularity and Promotion of TCM, Claims for the Antiquity of Acupuncture," with Robert Imrie, and David Ramey, *Scientific Review of Alternative Medicine*, IX, No 1 (2005), 69-74 (referred)
- "China's Grip on Mongolia," *Jane's Foreign Report*, 2851, 29 September, 2005, 6-7 (solicited)
- "Empires: Timurid," in Richard C. Martin, editor, *Encyclopedia of Islam and the Muslim World*, New York: Macmillan Reference USA, 2004, digital (solicited)
- "Acupuncture and 'Traditional Chinese Medicine' in the Horse: Part I, A Historical Overview," with David Ramey, *Equine Veterinary Education* (2004) 16 (4), 275-82 (refereed)
- "Chagatai (1185?-1242)," "Chagatai Ulus (1260-1344)," "Chagatai Language," in George N. Rhyne, editor, *The Supplement to the Modern Encyclopedia of Russian, Soviet, and Eurasian History*, Gulf Breeze, Fla.: Academic International Press, 2004, 5, 175-178 (solicited)
- "A True History of Acupuncture," with David Ramey, *Focus and Alternative and Complementary Therapies* (December, 2004), 269-273 (refereed)
- "Popoli e Ciba della Steppa," in Massimo Montanari, and Françoise Sabban, Eds., *Atlante dell'Alimentazione e della Gastronomia*, 2 volumes, Torino: UTET, 2004, I, 242-257 (solicited)
- "Acupuncture and 'Traditional Chinese Medicine'," with David Ramey. In David Ramey and Bernard Rollin, editors, *Complementary and Alternative Veterinary Medicine Considered*, Iowa City: University of Iowa Press, 2003, 18-32.
- "Age of Mongolian Empire: A Bibliographic Essay," *Silk Road*, I, 1 (January 15, 2003), 16-25 (solicited)
- "Mongolia," in *Jane's Sentinel, Security Assessment, China and Northeast Asia*, Issue Eleven, Coulsdon, Surrey, and Alexandria, Virginia: Jane's Information Group, Inc., 2002, 295-341.
- "Asian Economic Crisis," "Camel, Bactrian," "Chinese Communist Party," "Cuisine-Mongolian," "Damdinsuren," "Ginseng," "Islam, Southwest Asia," "Jurchen Jin Dynasty," "Khalkha," "Khararkhi," "Khubilai Khan," "Mongolia, History," "Mongolia – Economic System," "Mongols," "Muslim Peoples in China," "Polo, Marco," "Russians in Mongolia," "Sukhbaatar," "Tea – China," and "Tofu" in David Levinson, editor, *Encyclopedia of Modern Asia*, 6 volumes, New York: Charles Schribner's Sons; Farmington Hills, MI: Thomson/Gale, 2002, I, 164-65, 428-29; II, 31-32, 206-208, 233, 435; III, 173-75, 290-92, 351-52, 362-63; IV, 171-75, 237-38, 546-47; V, 107, 350, 430, 503-504.
- "Han Wudi," "Ban Chao," "Talas River (Battle of, 751)," "Great Wall of China," "Song-Jin Wars (1125-1142)," "Mongol-Song Wars (1267-1279)," "Genghis Khan," "Ögödei," "Mongol Empire," "Ayn-jalut (Battle of, 1260)," "Kublai Khan," "Seljuqs," "Nicephorous II Phocas," "Portuguese-Castilian War (1369-1385)," in S. L. Sandler, Ed., *World Military Encyclopedia*, Santa Barbara, Denver, Oxford: ABC-CLIO, 2002, 358, 90-91, 860-61, 335-36, 822-23, 384-85, 316-17, 644, 583-84, 81, 480, 794-95, 623, 696-697 .
- "Equine Medicine in sixth Century China: *Qimin yaoshu*," with David Ramey, in Peter Rosedale and Rachel Green, editors, *Guardians of the Horse*, II (2001), 154-161 (referred)
- "Veterinary Acupuncture and Historical Scholarship I: Claims for the Antiquity of Acupuncture," with Robert Imrie, David Ramey, Edzard Ernst, and Stephen Bassar, *Scientific Review of Alternative Medicine*, V, No 3 (2001), 133-139 (referred)
- "Veterinary Acupuncture and Traditional Chinese Medicine: Facts and Fallacies," with David Ramey, and Robert Imrie, *Compendium on Continuing Education*, 23 (2001), 2, 188-193 (referred)
- "Jaime II, 'the Just,' King-Count of Aragon and Catalonia (b. 1267, r. 1291-1327)," "Francesco Landini (1325-97)," "Christine de Pizan (c. 1364-1431)," "Alfonso V, 'the Magnanimous,' King of Aragon, Naples, and Sicily (b. 1396, r. 1412-58)," "Lorenzo Valla (1406-57)," "Manuel I, King of Portugal (b. 1469, r. 1495-1521)," in Clayton J. Drees, ed., *The Late Medieval Age of Crisis and Renewal, 1300-*

- 1500: *A Biographical Dictionary* (Great Cultural Eras of the Western World), Westport, Conn. And London: Greenwood Press, 2001, 241-242, 277-278, 103-104, 15-17, 475-477, 317-318.
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- "Mongolian Empire and Turkicization: the Evidence of Food and Foodways," in Reuven Amitai-Preiss ed., *The Mongol Empire and its Legacy*, E.J. Brill, Amsterdam, 1999, 200-223 (solicited)
- "Documenting Mongol-era Cultural Exchanges, I: *Yin-shan Cheng-yao*, a 14th Century Court Dietary Manual," *SOMA, Interazioni Terapeutiche e Anthropologia Medica*, III (1998), 34-42 (solicited)
- "Chinese Medicine on the 'Gold Mountain:' Tradition, Adaptation, and Change," in Martha Hildreth and Bruce Moran, editors, *Disease and Medical Care in the Mountain West, Essays on Region, History, and Practice*, University of Nevada Press (Wilbur S. Shepperson Series), Reno, 1998, 95-109, 137-139 (solicited)
- "Providing the Requested Historical Consultation - Rebuttal," with Tamsin Hekala, *Ethology and Sociobiology*, XVI, 1 (January, 1995), pp 71-82 (referred)
- "Chinqai (1169-1252): Architect of Mongolian Empire," in *Opuscula Altaica, Essays Presented in Honor of Henry Schwarz*, edited by Edward H. Kaplan, and Donald W. Whisenhunt, Center for East Asian Studies (Studies on East Asia, 19), Bellingham, Washington, 1994, pp 168-186 (solicited).
- "The Perils of Misunderstood and Incomplete Information, a Reply to Johnson and Johnson," with Tamsin Hekala, *Ethology and Sociobiology*, XIV, 4 (July, 1993), pp 271-287 (referred)
- "Sübötei-ba'atur," "Yeh-lü A-hai/T'u-hua," "Cinqai," "Saiyid Ajall," in Igor de Rachewiltz, Chan Hok-lam, Hsiao Ch'i-ch'ing and Peter W. Geier, editors, *In the Service of the Khan, Eminent Personalities of the Early Mongol-Yuan Period (1200-1300)*, Otto Harrassowitz, Wiesbaden, 1993, 13-26, 112-121, 95-111, 466-479 (solicited)
- "Kazakhstan Joins the Islamic Common Market," *Subtext* ("World Beat"), IV, 2 (February, 1993), 2 (solicited)
- "A Note on Kazakh Dictionaries," *Alatau*, I, 2 (Autumn 1992), 6-9.
- "From Tribe to State or State to Tribe: the Case of the 12th Century Mongols," *Proceedings of the XXXII International Congress for Asian and North African Studies Hamburg (Zeitschrift der deutschen morgenländische Gesellschaft, Supplementa 9)*, Franz Steiner Verlag, Stuttgart, 1992, 6.
- "Early Mongol Expansion in Western Siberia and Turkestan (1207-1219): a Reconstruction," *Central Asiatic Journal*, XXXVI (1992), 1-2, 1-32 (refereed)
- "Survey of Current Kazakh Newspapers and Journals," *Alatau*, I, 1 (Spring 1992), 9-11.
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- "Pleasing the Palate of the *Qan*: Changing Foodways of the Imperial Mongols," *Mongolian Studies*, XIII (1990), 57-81 (solicited)
- "The *Yin-shan cheng-yao*, A Sino-Uighur Dietary: Synopsis, Problems, Prospects," in Paul U. Unschuld, editor, *Approaches to Traditional Chinese Medical Literature*, Kluwer Academic Publishers, Dordrecht, 1989, 109-127 (solicited)
- "European Population Movements and Genetic Market Distributions," with Joan C. Stevenson and Moses S. Schanfield, *International Journal of Anthropology*, III, 4 (1988), 319-327 (referred)
- "The Museum and Traditional Asian Medicine: A Study in Collaboration," *Caduceus*, IV, 1 (Spring, 1988), 36-55 (solicited)
- "The Sung Resistance Movement, 1276-1279: The End of an Era," *Annals of the Chinese Historical Society of the Pacific Northwest*, III (1985-6), 138-186.
- "Menggu diguo tanmachijun di shehui zuoyong," *Menggu xue yi wen xuan*, Hohhot, 1984, 39-44
- "Chinese Medical Recipes from Frontier Seattle," with Christopher Muench, *Annals of the Chinese Historical Society of the Pacific Northwest*, II (1984), 100-143.
- "Theory and Practice of Traditional Chinese Medicine," in Henry G. Schwarz, editor, *Chinese Medicine on the Golden Mountain*, Bellingham, Washington, 1984, 25-50.
- "A Chinese Apothecary in Frontier Idaho," *Annals of the Chinese Historical Society of the Pacific Northwest*, I (1983), 39-48.
- "Steppe Perspectives on the Medieval History of China: Modern Mongol Scholarship on the Liao, Chin and Yuan Periods," *Zentralasiatische Studien*, XV (1981), 129-149.
- "Kalmyk Tanggaci People: Thoughts on the Mechanics and Impact of Mongol Expansion," *Mongolian Studies*, VI (1980), 41-59.

"Sino-Mongolian Administration in Mongol Bukhara," *Journal of Asian History*, XIII, 2 (1979), 121-151 (referred)

"The Role of the Sino-Mongolian Frontier Zone in the Rise of Cinggis-qan," in Henry G. Schwarz, editor, *Studies on Mongolia, Proceedings of the First North American Conference on Mongolian Studies*, Bellingham, Washington, 1979, 63-76 (solicited)

Reviews

"Lincoln Paine, *The Sea and Civilization, A Maritime History of the World*," Roundtable reviews with a comment by Lincoln Paine, *International Journal of Maritime History*, XXVIII, No 3 (August 2016): 576-77 (576-600)

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"Frederick Starr, *Lost Enlightenment, Central Asia's Golden Age, from the Arab Conquest until Tamerlane*," *Aestimatio*, 11 (2014), 232-245.

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"Anne M. Scott, Alfred Hiatt, Claire McIlroy and Christopher Wortham (eds), European Perceptions of Terra Australis," *International Journal of Maritime History*, XXIV, No 2 (December, 2012), 310-311

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Conference Organizer

International Workshop, University of Salzburg, History Department, Max Planck Institute, Horst Görtz Institute, May 11, 12, 13, 2015: "Recovery of Traditional Technologies I: A Comparative Study of Past and Present Fermentation and Associated Distillation Technologies in Eurasia and Their Roots"

Museum Exhibit Texts

"Korea Unfolds, an Exhibition of Korean Culture and Folk Art," Wing Luke Asian Museum, 1988.

"Nourishment of Life and of the Soul: Asian-American Approaches to Healing and Medicine," Wing Luke Asian Museum, 1988.

"Chinese Medicine on the Golden Mountain," Wing Luke Asian Museum, 1984-5.

"Tibet, the Roof of the World," Wing Luke Asian Museum, 1983

Course Syllabi

North Georgia University:

History 3619 Early Chinese History

History 4001 Chinese Medicine

History 4670 Silk Roads

History 4200 Nomads

Western Washington University:

East Asian Studies 201, Introduction to East Asian Civilizations (to 1600), 167 pp

East Asian Studies 202, Introduction to East Asian Civilizations (after 1600), 67 pp

East Asian Studies 210, Nomadic Civilizations, 178 pp

East Asian Studies 314, Mongolia, 92 pp

East Asian Studies 367, Chinese Literature in Translation, 29 pp

East Asian Studies 368, Japanese Literature in Translation, 29 pp

East Asian Studies 417t, The History of Traditional Chinese Medicine, 111 pp

LANGUAGES:

Primary Research Languages

Chinese, Mongolian, Tibetan, Classical Greek, Latin, Icelandic, Kazakh, Portuguese

Other Languages

German, French, Russian, Japanese, Uzbek, Turkish, Persian, Danish, Faeroese, Anglo-Saxon

COMPUTER:

Programming languages: C, C++, including Microsoft Foundation Classes experience; Visual Basic

PROFESSIONAL OFFICES:

Adjunct Professor, Center for East Asian Studies, Western Washington University, 1983-

Member ASPAC 91 Organizing Committee, 1990-1991

Acting Director, Center for East Asian Studies, 1988

Member Board of Directors, North West Institute of Acupuncture and Oriental Medicine, 1986-7

President, Chinese Historical Society of the Pacific Northwest, 1984-8

Vice-President, Chinese Historical Society of the Pacific Northwest, 1983-4

MOST IMPORTANT PAPERS PRESENTED AND PROFESSIONAL CONFERENCE ACTIVITIES

2017 "Fragments of an Arabic Medicine Hospital Manual from China"
Central Eurasian Studies Society 18th Annual Conference

2016 "The Mongols, Food and Cultural Exchange"
"Food Drink and Civilization" Workshop

UCL Centre for Research into the Dynamics of Civilization

- 2015 "Mongols and Others and Liquor Distillation: An Overview of *Arkhi*, a New Beverage"
Seoul National University, Seoul, Korea
- 2015 "The History of the Mongols in Korea: Some Thoughts and Issues"
Northeast Asia Foundation, Seoul, Korea
- 2015 "Writing a History of Eurasian Foodways: Crossroads of Cuisine"
Busan National University, Busan, Korea
- 2015 "Head Wounds and Other Injuries in a Mongol-era Hospital Manual of Arabic Medicine,"
"Body Materiality" Workshop, "
University of Michigan, Ann Arbor, USA
- 2015 "Cultural Crossroads of Cuisine: the Silk Roads and Foodways"
Mongolian State University, Ulaanbaatar, Mongolia
- 2015 "Mongol-era stills: Spread and Impact of a New, Portable Technology with Examples from
China, Korea, the Volga and Istanbul"
Conference: Science and Technology Transfer in pre-modern Asia,
The Louis Freiberg Center for East Asian Studies, Jerusalem, Israel
- 2015 "Turkic Peoples and Medieval Eurasian Foodways,"
Conference: Kazakh Khanate: History, Theory and Modernity,
A-Farabi Kazakh National University, Almaty, Kazakhstan
- 2015 "Peter Pallas and the Distilling of the Volga Kalmucks and Mongols: Two Accounts from
the 18th Century"
Conference: Recovery of Traditional Technologies I: A Comparative Study of Past and
Present Fermentation and Associated distillation Technologies in Eurasia and Their
Roots, Salzburg, Austria
- 2014 "Partying with the Mongols: Enjoying the Best that Eurasia had to Offer"
Conference: Converging on the Object: the Courtauld Metal Bag
Courtauld Gallery, London, UK
- 2014 "Geographical Knowledge in the Secret History of the Mongols: Lists and Descriptions"
Conference: Chinese and Asian Geographical Views on Central Asia and its Adjacent
Regions
European Association for Chinese Studies, Bonn, Germany
- 2012 "Frontiers Imagined and Real: Early Mongol Expansion and the Sino-Mongolian Frontier
Zone of Inner Mongolia"
47th International Congress of Medieval Studies, Kalamazoo, Michigan
- 2012 "Cinggis-qan and Strategy: How the Mongols Did So Much with So Little"
Annual Mongolian Studies International Conference
"CHINGGIS KHAAN – 850 YEAR LEGACY"
Embassy of Mongolia to the United States, Washington, D.C.
- 2012 "Eurasia, Medicine and Trade: Arabic Medicine in East Asia, How it came there, and how
it was supported, including possible Indian Ocean connection for the Supply of
Medicinals"

- MCRI Conference "Crossroads between Empires and Peripheries – Knowledge Transfer, Product Exchange and Human Movement in the Indian Ocean World"
University of Ghent, Ghent, Belgium
- 2011 "The Early Indian Ocean Trade in Medicinals: Some Indications from Chinese Sources"
MCRI Workshop "Tribute, Trade, and Smuggling: Commercial and Scientific Interaction in the Middle Period and Early Modern World"
University of Ghent, Ghent, Belgium
- 2011 "Emotions in a 15th Century Encyclopedia of Arabic Medicine
The Cultural History of Emotions in Pre-Modernity II, Istanbul, Turkey
- 2010 "Qubilai and the Rats"
Plagues in Nomadic Contexts,
Historical Impact, Medical Responses, Cultural Adaptations
in Ancient to Mediaeval Eurasia,
University of Leipzig Karl-Sudhoff-Institute, Leipzig, Germany
- 2009 "A Source for the Cosmopolitan Medicine of the Mongol Era: *Huihui yaofang*"
XXIII International Congress of History of Science and Technology
International Union of History and Philosophy of Science
Division of History of Science and Technology, Budapest, Hungary
- 2009 "Mongols in Vietnam: End of One Era, Beginning of Another"
First Congress of the Asian Association of World Historians
Oosaka University, Oosaka, Japan
- 2009 "Chinese Veterinary Medicine, its Past and Present: a New Look"
Association of British Veterinary Accupuncturists
Annual Convention, Birmingham, England
- 2008 "Admonishing Women in the *Secret History*: Not what they Seem?"
9th Annual Conference
Central Eurasian Studies Society, Washington, DC
- 2006 "Mongols and Tibetans the First Time Around: Dimensions of a World Interaction"
Conference: Tibet and Islam
Warberg Institute, London, England
- 2006 "Veterinary Acupuncture: A Western Invention from the 1970s"
Central London Veterinary Association, London, England
- 2006 "Miraculous Medicine in the Yuan and Heng Veterinary Manual (1608),
and Its Eurasian Roots"
Workshop: Medicine on the Silk Roads: Transmissions and Transformations
Wellcome Trust for the History of Medicine at UCL, London, England
- 2006 "How Did Persian Medical Knowledge Move East, and Chinese West:
A Look at the Role of Rashid al-Dīn and Others"
Workshop: Medicine on the Silk Roads: Transmissions and Transformations
Wellcome Trust for the History of Medicine at UCL, London, England
- 2006 "Greek and Chinese Veterinary Medicine: Déjà vu All Over Again"
Workshop: Medicine on the Silk Roads: Transmissions and Transformations

Wellcome Trust for the History of Medicine at UCL, London, England

- 2005 "Globalization and Mongolia: Blessing or Curse"
Conference: "Mongolia at 800: Mongolian Culture in the Age of Globalization"
Bellingham, Washington
- 2004 "Food, Islamic Medicine and the Cultural Exchanges of the Mongol Era"
Themed Research Seminar
Wellcome Foundation, London, UK
- 2004 "Islamic Medicine in China: Cauterization in the *Huihui Yaofang* 回回藥方 (HHYF), "Muslim Medicinal Recipes"
History and Culture of Food Seminars
Wellcome Foundation, London, UK
- 2002 "Caspian Oil and U.S. Foreign Policy in Central Asia"
International Week
Western Washington University, Bellingham, Washington
- 2002 "Bo Le, from Myth to Myth.
ASPAC 02
Western Washington University, Bellingham, Washington
- 1998 "End of an Era: The Last Days of Portuguese Empire in East Asia"
East Asia Colloquium
Western Washington University, Bellingham, Washington
- 1993 "American Frontier Society and Chinese Medicine:
The Dimensions of an Interaction,"
Conference: "Place and Practice in the Health and Health Care of the
Intermountain West", University of Nevada, Reno, Nevada
- 1992 "The Museum and Chinese Medicine, A Living
Collaboration", Medical Museums Association, Annual Conference
University of Washington, Seattle, Washington
- 1992 "Political Role of Islam in Ex-Soviet Central Asia"
Student Association for Inner Asian Studies
Department of Near Eastern Languages and Civilization
University of Washington, Seattle, Washington
- 1991 "Portrait of a Kazakh Publicist: Rakhmanqul Berdibayev,"
Near Eastern Languages Colloquium, University of Washington, Seattle, Washington
- 1991 "Altan-qan and the Portuguese"
ASPAC 91, Western Washington University, Bellingham, Washington
- 1991 "Mongolian Empire and Turkicization: the Evidence of
Food and Foodways", Conference: "The Mongol Empire and its Legacy, School of
Oriental and African Studies, London, England
- 1990 "Through a Glass Darkly: Fernão Mendes Pinto on China,"
East Asia Colloquium
Western Washington University, Bellingham, Washington

- 1988 "Aral Eco-catastrophie: Some Kazakh Views"
Association of Asian Studies, Western Division
Conference, Seattle, Washington
- 1988 "Mongolian Foods and Recipes in the *Yin-shan cheng-yao*:
Perspectives on the Changing Foodways of a Pastoral
People", East Asia Colloquium, Western Washington University, Bellingham, Washington
- 1987 "Traditional Herbal Medicine in Chinese and
Other Asian Cultures in the Northwest"
Clinical Topics for Nurse Practitioners
University of Washington,
Seattle, Washington
- 1987 "Who are the Kazakhs?"
Eastern Europe Seminar, University of Washington, Seattle, Washington
- 1987 "Sacred Mountains, Masters of Earth and
Waters: Cosmobiology of the Turkic and the Mongolian
Peoples," Public Lecture Series: "Naming the Ten Thousand Things", Continuing
Education, University of Washington, Seattle, Washington
- 1986 "From Tribe to State or State to Tribe: the Case of the
12th Century Mongols", XXXII International Congress for Asian and North African Studies
Hamburg, Germany
- 1986 "The Problem of Culture: *Yin-shan cheng-yao*,"
Approaches to Traditional Chinese Medical Literature, Institute for the History of Medicine
University of Munich, Munich, Germany
- 1984 "The Fauna and Flora of a Mongol Era Dietary,"
Seventh Annual Ethnobiology Conference, University of Washington, Seattle,
Washington
- 1984 "Theory and Practice of Traditional Chinese Medicine"
East Asia Colloquium, Western Washington University, Bellingham, Washington
- 1980 "Sayyid Ajall"
East Asia Colloquium, Western Washington University, Bellingham, Washington
- 1979 "Steppe Perspectives on the Medieval History of China"
East Asia Colloquium, Western Washington University, Bellingham, Washington
- 1979 "Sino Khitan Administration in Mongol Bukhara"
East Asia Colloquium, Western Washington University, Bellingham, Washington
- 1978 "The Role of the Sino-Mongolian Frontier Zone in the
Rise of Cinggis-qan"
First North American Conference on Mongolian Studies, Western Washington University,
Bellingham, Washington
- 1974 "Salient Features of Mongolian Social and Political
Organization and the Mongolian State in China"

Association for Asian Studies, Western Division Conference, Tempe, Arizona

1971 "Problems of Defining a Region"
Canton Delta Conference, University of Washington,
Seattle, Washington

WORK IN PROGRESS:

A Kazakh-English Dictionary, with a summary of Kazakh grammar and index of forms (25,000 main entries). With Moldir Oskenbay, Anticipated publication, 2021.

GRANTS AND MAJOR PROJECTS:

"Medicine of the Mongol Era: *Huihui yaofang*," National Endowment for the Humanities Individual Fellowship, 2006-2007.

"The Nourishment of Life and of the Soul: Asian-American Approaches to Healing and Medicine," Washington Commission for the Humanities, 1987-8.

"Asian Medicine Week," Washington Commission for the Humanities, 1986.

"Chinese Medicine in Washington and the Northwest: Past and Present," Washington Commission for the Humanities, 1983-5. (King County Association of Cultural Organizations Event of the Year, 1985).

Cataloguing and study of traditional Chinese *material medica*, artifacts and documents belonging to the Idaho Historical Society, Idaho Commission for the Humanities, 1979-1982.